

BREAKFAST

Good Morning

If your stay includes a continental breakfast each morning, when we bring your tea and coffee, we'll take your order for any freshly cooked dishes. Made with locally sourced ingredients and these items are available at an additional cost.

CONTINENTAL

Selection of Baked Goods (GEO, VEO)
Muffins, crumpets, Bloomer bread, sourdough and malted (GFO), pastries and croissants

Yoghurt (GF, VEO)
Natural yoghurts and coconut vegan yoghurt

Selection of healthy seeds & Berries (GFO, VE)
Pumpkin seed, Chia seed, Goji Berries, Banana chips

Fruits & Oats (GFO, VE)
Fruit compote, stewed apricots, poached pears, stewed prunes, overnight oats with berry compote

Cheese Platter (GF)
Cheddar, brie, cold cut ham

Cook your own Boiled Eggs (GF)

Cereals (GFO, VEO)
Cornflakes, Rice Krispies, Coco Pops, Muesli, Granola

Jams & Preserves (GF, VEO)
Fruit jams, chunky marmalade, honey

Spreads (GFO, VEO)
Nutella, Marmite, Peanut Butter

Chilled juices & Waters (GF, VEO)
Orange, apple, ginger & orange shots, superfood smoothies, still & sparkling water

ALTERNATIVES

Gluten-free toast
Gluten-free cornflakes
Fruit muesli
Soya milk, oat milk or almond milk
Nut butters

COOKED

**Additional £10 per dish for
Continental only guests**

New Forest breakfast (GFO)
Back bacon, Red Tractor sausage, mushroom, baked beans, grilled tomato, rosti potato cake and eggs cooked to your liking

Vegetarian breakfast (VEO)
Grilled halloumi, mushrooms, grilled tomato, spinach, avocado, rosti potato cake, eggs cooked to your liking

Belgian Waffle with... (VEO)
Choose between Banana & Nutella or Maple syrup

Smoked Salmon & Scrambled Egg
served on an English muffin

Smashed Avocado on Sourdough Toast
with poached egg and chilli flakes

Eggs Benedict / Florentine / Royale (GFO)
served on toasted English muffin

Speciality drinks - £3.80
Americano, latte, macchiato, mocha, cappuccino, espresso, flat white, hot chocolate

FOR LITTLE ONES

**Additional £5 per dish for
Continental only guests**

Children's breakfast (GFO)
One sausage, rasher of bacon, baked beans, and a barn reared egg

Children's veggie breakfast (VEO)
Veggie sausages, baked beans, and a barn reared egg

American Style Pancakes (VEO)
Chocolate spread / lemon & sugar