

# NEW FOREST HOTELS

## **Top 5 Adrenaline-Pumping Activities in the New Forest**

For those seeking an exhilarating escape into nature, the New Forest offers a wealth of high-energy activities set against the backdrop of stunning scenery. From heart-racing adventures to unique outdoor experiences, here are the top 5 adrenaline-pumping things to do in the New Forest:

### **1. Forest Segway Adventures**

Take your adventure to the next level with a thrilling Segway ride through the forest. Forest Segway tours are a fantastic way to explore the natural beauty of the New Forest while adding an element of excitement. Glide through woodland trails, navigate dirt paths, and enjoy the rush of wind in your hair as you race through the trees. Perfect for adrenaline junkies looking for an unusual way to experience the landscape, Segway adventures offer fun for all skill levels.

### **2. Off-Road Cycling and Mountain Biking**

The New Forest is home to some of the most picturesque cycling routes in the UK, and for adrenaline seekers, the mountain biking trails are the real thrill. Take on rough terrain, forest trails, and challenging hills as you power through the forest on your mountain bike. With trails that cater to both beginners and experienced riders, you can test your skills while enjoying breathtaking views of the forest. For the ultimate challenge, consider taking on some of the off-road trails that feature steep descents and technical obstacles for an added rush.

### **3. Forest Archery**

Feel the thrill of hitting the bullseye with forest archery. Set within the beautiful woodland surroundings of the New Forest, this activity allows you to combine focus, skill, and adventure. Guided by experienced instructors, you'll learn how to handle a bow and arrow while competing in a fun and exciting environment. Whether you're a beginner or an experienced archer, forest archery provides the perfect blend of adrenaline and concentration, all while surrounded by the peaceful beauty of the forest.

### **4. Canoeing and Kayaking on the Rivers**

For those who crave adventure on the water, canoeing and kayaking along the New Forest's scenic rivers offer a thrilling experience. Paddle through quiet, meandering

streams and fast-flowing sections, depending on your experience and desire for excitement. With the chance to spot wildlife and take in views of the forest from a unique perspective, canoeing and kayaking provide an adrenaline rush while connecting with nature. Whether you choose a guided tour or prefer to explore on your own, the waterways offer plenty of challenges for water lovers.

## **5. High Ropes and Ziplining**

For an adrenaline fix up high, check out the high ropes courses and ziplining adventures in the New Forest. Experience the thrill of flying through the trees on a zipline or challenge your courage on the high ropes course, which features balance beams, rope bridges, and other obstacles suspended high above the ground. These adrenaline-packed activities will test your strength, coordination, and fearlessness, all while surrounded by the lush canopy of the forest. It's the perfect activity for those looking to push their limits and enjoy a bird's eye view of the stunning landscape.

## **Ready for an Adrenaline Rush?**

The New Forest is a haven for adrenaline junkies, offering an array of heart-pumping activities to suit every thrill-seeker. Whether you're gliding through the forest on a Segway, racing down a mountain biking trail, or taking to the skies with ziplining, the forest provides the ultimate playground for those craving excitement. Come for the natural beauty, stay for the adventure!