



New Forest Cycling Routes

Burley Circular (6 miles)

This circular route starts out at the Lucy Hill Park. Throughout this circular bike ride, you are likely to encounter Fallow deer and New Forest ponies grazing in the ancient woodlands, a variety of trees and several different species of birds. This is a wonderful trail to follow and gives you a chance to take your time and enjoy the peacefulness of the countryside that surrounds us.

Step 1: Leave the car park and turn right along Lyndhurst Road. After 0.2 miles, turn right again along the cycle track beside Burley New Cottage (by the Burley Products sign) and follow it straight on initially uphill through to Burley New Inclosure, passing after 0.6 miles at a crossroads, a cycle track turn on the left. Continue cycling for 0.6 miles then, at the crossroads take the marked cycle track on the left.

Step 2: Enter Burley Old Inclosure through a gate and continue on beside a low, bracken-covered inclosure boundary bank. After 0.6 miles, follow the track as it swings to the left and pass through a gap in the inclosure boundary bank, into Dames Slough Inclosure. Once you reach the T-junction, continue straight on over Black Water stream before joining a minor road.

Step 3: Turn left along the road and at the first cottage (Anderwood Cottage) turn right to enter Anderwood Inclosure. After 0.6 miles you'll reach a T-junction then turn left.

Step 4: After a further 0.2 miles, pass a cycle track on the right and continue straight ahead into Burley Outer Rails Inclosure. Pass over Blackensford Brook and round to your left where you'll see the grounds of Burley Lodge; then pass another track on the right and continue on for roughly 1 mile to go through a gate and rejoin Lyndhurst road at a junction of cycle tracks.

Step 5: Finally, turn right and return to the car park.

Please find a map of the route on the back of this page.

Burley Circular (6 miles)



Lepe & Exbury Loop (10 miles)

Traveling along the New Forest's charming coastline and cutting inland, this route takes in stunning sea views. An easy ride on dry summer days. This route can be muddy and challenging in winter so this may be one for those with mountain bikes. Some parts of the route may be overgrown during the summer, so keep an eye out.

Step 1: Start in Lepe Country Park and turn left to follow the road along the coast enjoying the great views over the Solent to the Isle of Wight. As the road begins to turn inland there is a junction, turn left here and head along Inchmery Lane following the road towards Exbury.

Step 2: At the end of Inchmery Lane, you will arrive at a junction where you can see Exbury Tower on your left. Take a right turn here and head into Exbury village. Cycle through the village and pass the Exbury Club on your right. If you want to pop into Exbury Gardens, continue straight on instead, and you will find the entrance shortly after on your left. To rejoin the route, retrace your steps to this point and head into the village. When you arrive at a triangle junction, keep right and follow the main road.

Step 3: The next section of road is very straight for some time. As you round a left bend in the road, keep an eye out for crossroads where a gravel track intersects the road; this can be easy to miss. There is also a road sign warning of a zig-zag road. At this crossroads, take a left turn onto the signed bridleway.

Step 4: As you approach East Hill Farm, continue to cycle through onto the bridleway straight ahead. The bridleway is located between two gates (be aware, this bridleway can be very boggy and muddy in damp conditions).

Follow the bridleway down the edge of a field to the bottom of the slope. Take care as the grassy track is rutted. At the bottom of the slope, take a left turn to continue along a single track and over a small bridge and uphill towards a road (this uphill section can also be challenging in wet conditions).

Step 5: When you reach the road, take a left and follow Lepe Road towards Langley. As you enter Langley, look out for the third turning on the right that takes you down a road called Mopley. Shortly after, take a right at a staggered crossroads (Mopley Close is on the left) to continue down Mopley past Forest Gate and Green Lane. Continue straight ahead onto a wide gravel track and follow this to its end.

Step 6: At the end of Mopley, you will see an equestrian field in front. Take the bridleway on the far right. Along this route there are a number of small upright wooden panels on the ground floor to lift your bike over. Continue along this bridleway until you come to a swing gate. Go through the gate and continue to the junction in the track. Follow the track straight along and do not turn left down the hill as this will take you to Badminton Common. Be aware that this track can become boggy in damp conditions, especially in winter.

Follow the bridleway through the rutted terrain until the surface becomes gravelly again. There are two steep gravel downhill before steep uphill, take care on these sections.

Step 7: Pass through another swing gate and shortly after the track has a junction and take the right that presently ends at a road. Take a right onto Stanswood Road. Following the road for a while, passing Stanswood Farm, an S-bend and Stone Farm, eventually ending up at a T-junction in front of a cottage. Turn left here onto Lepe Road, following signs to Lepe which will take you back to the sea and the Country Park.

Please find a map of the route on the back of this page.

Lepe & Exbury Loop (10 miles)



Rhinefield Ornamental Ride (15 miles)

Embarking from Brockenhurst, this ride takes you through an area of the National Park rich in flora, fauna and history. Cycling mainly on gravel off-road tracks provides a fantastic view of the New Forest's unique landscape.

Step 1: Starting at the Railway Station ticket office. Head towards the back of the car park where there is an access gate on the right hand side. Go through this access gate and turn left onto East Bank Road, and then take the next right down Avenue Road.

Step 2: At the bottom of Avenue Road, turn left onto Sway Road and continue until you see Brockenhurst Primary School on the opposite side of the road. At the school turn right, go through the school car park and onto the narrow gravel track (waymarker 233) that takes you through Culverley Green and over a small weir.

Step 3: The gravel track takes you to Burley Road (waymarker 234) where you carefully take a left and then right, to continue on the gravel path (waymarker 235). Follow this wide gravel track until it ends at Rhinefield Road (waymarker 236).

Step 4: Take a left onto Rhinefield Road. Continue along past Aldridgehill Inclosure on your right. The edges of the road are uneven in places, so please take care. The road becomes wooded on both sides, keep going until you pass Rhinefield House Hotel on your left. Be aware, there is a sharp bend in the road.

Step 5: The track continues straight ahead (past waymarker 242). Rounding the first right there is a downhill section towards a ford, which may be impassable in very saturated conditions.

To re-route if necessary, return to Rhinefield Road and continue past Black Water car park until waymarker 248, where you turn onto the off-road track.

Step 6: Continue up the hill past waymarker 243 and 244. Then, carry on through a few turns arriving at a crossroads (waymarker 250). Take a left-hand turn following the track until a gate (waymarker 253).

If you want to stop for a picnic or use the toilets, take a right at the crossroads at waymarker 250. To then return to the route, come back the way you came and continue straight ahead at waymarker 250 until the gate at waymarker 253.

Step 7: Continue along the gravel track (past waymarker 255 and 256). At the next gate (waymarker 257) take the right-hand fork where the track splits at a triangle (waymarker 258). There is another gate to go through here. Carry on down the gravel track (waymarkers 259 and 260), then at the next T-junction (waymarker 262) take a right-hand turn.

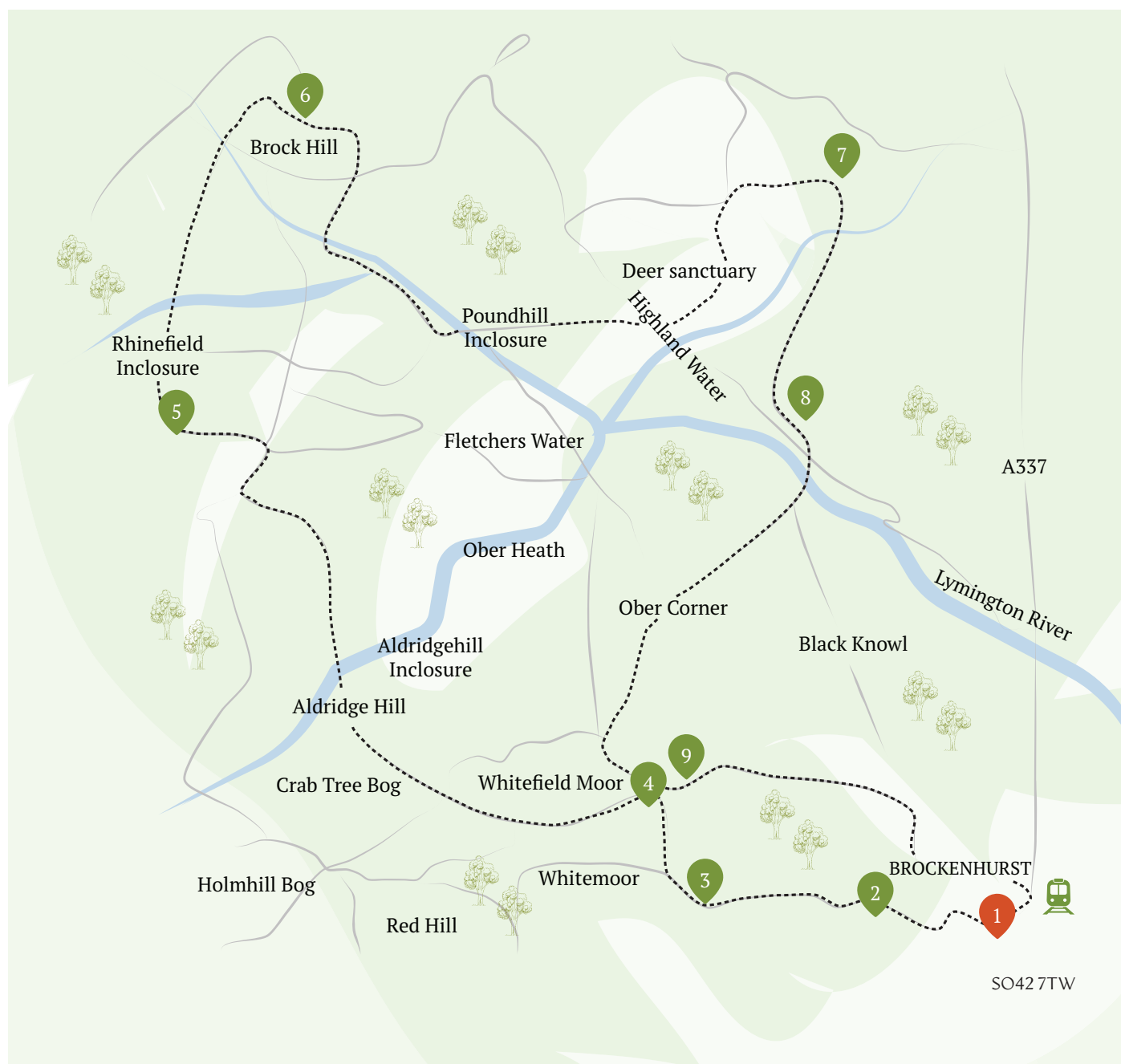
Step 8: There is one more gate to go through (waymarker 263) and then the gravel track crosses the Lymington River and follows the edge of an area known as Black Knowl (waymarker 264). The gravel track ends at a minor road (waymarker 265). Head straight along this road, round a corner waymarker 239) and up to Rhinefield Road (waymarker 238 and 237 that leads into Brockenhurst).

Step 9: Take a left towards Brockenhurst, then follow this road past Forest Park Hotel and continue until there is a ford on the left. Fords can be high in adverse weather, there is a footpath around if needed.

Turn left to travel through the ford and through the centre of Brockenhurst village. At the end of this road, take a right up into Brockenhurst Railway car park.

Please find a map of the route on the back of this page.

Rhinefield Ornamental Drive (15 miles)



Hawkhill Trail (10 miles)

A completely traffic free cycle, this route takes you past some of the most interesting features of Beaulieu Airfield with some very visible evidence of its WWII past. Combine this with stunning views of the New Forest's changing landscapes, it's a ride not to miss.

Step 1: This ride starts at Roundhill campsite. Head out of the main entrance past the reception and cycle along the entrance road until you reach the main B3055 and waymarker 313. Cross over the main road and cattle grid at waymarker 312. Be careful of cars when crossing the road, as this is one of the main routes between Brockenhurst and Beaulieu. Follow the gravel track down a hill and continue straight over at the crossroads at waymarker 308.

Step 2: Follow the gravel track and continue straight ignoring other junctions past waymarker 308. Continue through the gate adjacent to the cottage and cross the railway using the bridge. Pass through another gate and past waymarker 307.

Step 3: After passing through several gates and waymarkers 305, 304 & 303 continue to follow the track around a right hand bend after a gate (ignoring a grass track ahead). At the next crossroads continue straight over at waymarker 288 and enjoy the meander through the wood.

Step 4: At the T-junction (waymarker 286), turn right and follow the track until a fork (waymarker 285). Take the right fork and follow the straight track past waymarker 298.

Step 5: Follow the track up hill and round a right hand bend before passing through a gate and up a hill. After you have seen the woodland change from conifer plantation into the more natural ancient woodland you will reach a T-junction (waymarker 296). Turn right here down a tarmac road.

Follow the track taking the left hand fork at waymarker 297 when the track splits and head down the hill past a few houses.

Step 6: Pass through a gate and past waymarkers 299, 300, 301, 324 & 325 continue straight and cross the railway line. After crossing the bridge and reaching the junction (waymaker 326) turn left, cross over the cattle grid and onto another long straight track, continuing past waymarker 329.

Step 7: On arrival at the junction with waymarker 330 take a right hand turn. You will eventually arrive at a set of gates with waymarker 331 between the two. Go through both and head down the hill. At the crossroads take a left at waymaker 332. Continue along the track until waymaker 337 where you will make a sharp right.

Head up the hill and past waymarker 344. Continue to follow the track straight on passing through several gates, past waymarkers 345 and 346, and the car park on your left.

Step 8: Cross the road carefully, heading straight over and past a gate at waymaker 348. Continue on this track until a T-junction waymarker 319. Turn right onto the paved section of the old airfield and follow it around a left-hand turn. This used to be the old perimeter track for the WWII Beaulieu Airfield!

Step 9: Where the tarmac turns to gravel, take a right at waymarker 318 (the path continuing straight on is footpath only). Look out for the concrete patch that used to be a hangar on your right. After a short distance on the gravel track there is a junction at waymarker 317, take a left here. This can be easy to miss, so if you end up at a road you have gone too far.

Step 10: Follow this path over broken concrete until you reach the back of Roundhill campsite at waymarker 316. Pass the gate and continue left along the outskirts of the campsite on the tarmac road. Follow the road around a bend at waymarker 315 and continue towards the campsite reception past waymarker 314.

Please find a map of the route on the back of this page.

Hawkhill Trail (10 miles)

